

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

## Scripture

Mark 14:32-36,43-49,53,60-64

## Session Summary

Here in the garden of Gethsemane, we see the weight Jesus was carrying in the hours leading to His crucifixion. Jesus was facing more than just physical suffering and death on the cross. He was about to drink a "cup" that He did not want to drink. Though He asked for the cup to pass from Him, no alternative existed, so Jesus, the God-man, submitted to His Father's will and resolved to obey His Father and to secure the salvation of sinners like you and me. Although Jesus was soon betrayed, arrested, and abandoned by the will of men, this was all a part of God's sovereign plan for the salvation of sinners. Therefore, Jesus remained calm, in control, and confident in the Father as His world was turning against Him.

## Conversation Questions

- When has our family desperately prayed to God asking for Him to change our circumstances?
- What does it look like for our family to submit to the will of our heavenly Father?
- Why is God always worth obeying even if we don't understand?
- Who can we share God's plan of salvation with this week?

## Family Challenge

Pass a note card to each member of your family. Ask each person to write down a prayer request on one side of card that they want God to answer. On the other side of the card, instruct everyone to write Mark 14:36, "Not what I will, but what you will." Pray over the cards as a family, then hang them somewhere for each of you to remember to submit your requests to the will of your heavenly Father.